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| Name: MRS.UMA MAHESHWARI | Reg No: 1-4SMMHC18 |
| Age / Sex:41/F | Contact No:9449909460 |
| Marital Status:ML- 16 YEARS | Date:5/4/18 |
| Occupation:HOUSEWIFE MSC COMP SC, MPHIL | Dr. |
| Address:NATIVE OF MDURAI. IN BLORE SINCE 2014 | DIAGNOSIS- |

1. HEAVY BLEEDING 3 DAYS. ATTAINED EARLY MENOPAUSE SINCE 1.5 YEAR. MOTHER ATTAINED AT 45 YEARS SO THE GYNAEC SAID SHE COULD HAVE ATTAINED EARLIER. CLOTS AND DARK BLEEDING. 1 PACKET A DAY STAYFREE ALL NIGHT. RAW SMELL. BLACK OUTS AS IF LOOSING MYSELF LIKE VACCUM IN MY MIND. ONLY WANTS TO SLEEP. LIKE A HALF SLEEP. LOOSING MYSELF. LIKE IM HAVING SOME MIKAM AS IF SOMETHING IS PULLING ME. I MAY NOT BE ABLE TO BREATHE. (EVEN IF MAKES CHAPATHI AND ANYTHING FEELS HOT OIL FROM STOVE FEELS BREATHLESS). (OXYGEN IS NOT ENOUGH). I MAY NOT REMEMBER MMYSELF I DNT KNOW WHO I AM, I AM CONFUSED.

URGE TO STOOL DURING PERIODS FEELS LIKE THAT. AND FEELS RELEIF IF PASSES STOOL.

THIRSTY MORE. DRYNESS MORE. NIGHTS KEEPS DRINKING MORE FEELS THAT HER TONGUE IS DRY AND STICKING

WANTS COLD BREEZE NOT AC. FEELING SUFFOCATING. WANTED MOVING AIR. MORNING HAD GIDDINESS ON WAKING. WANTED SOMEONE TO HOLD.

AFTER 2ND DELIVERY HAD A FEELING THAT ON 3RD DAY HAD SOME COLD FEELING AND DELUSION THAT IF HE SEES KNIFE SHE WILL KILL HERSELF WITH THAT. SOMEONE WILL HURT HIS SON. FEAR THAT SHE MAY HURT SON AND EVEN DIDN’T TAKE HIM IN HANDS. AND SHE ONLY STRENGHTENED HERSELF BY LISTENING TO SPIRITUAL LECTURES AND HUSBANDS SUPPORT. NOW GETTIGN SUCH THOUGHTS. EVEN IF GOT TO HEIGHTS GETS A FEELING THAT SHE MAY JUMP FRM THAT HEIGHT. NOW NO FEAR LIKE BEFORE BUT THT THOUGHT COMES. NOT CARING.

RX:

1. STRAMONIUM 200 – 2 DRAM PILLS 2 HOURLY. WATER.
2. FERR PHOS 6X 4-4-4-4
3. RUB 30 1-0-1.

7/4/18: feeling 60% better with bleeding but having ring like pain around the abdomen and after which a churning type of pain and passes motion > after that. Small clots not like before. Feeling well now.

Rx:

1. Penta phos 6x 2-2-2-2.